

IVV-EUROPA · IVV-EUROPE

Europäischer Volkssport Verband a.s.b.l. Fédération Européenne de Sports Populaires a.s.b.l. European Federation of Popular Sports (EFP)

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NEWSFLASH 8/2024

February 2024









IMPORTANT NOTICE

IVV-EUROPA · IVV-EUROPE

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Our strength lies in the diversity of our members. Every perspective and every idea is important for the further development of our vision. Together we achieve more, because the commitment of each individual enriches the experience of all.

Unfortunately, the European national associations of the IVV will continue to see a negative overall membership trend in 2023.

This makes it all the more important to have a European association to counteract the steady decline in membership.

The European IVV Continental Association should help to unite and promote cooperation. This should strengthen unity and cohesion within the IVV community and help to pursue common interests and goals. However, the co-operation of each individual association is a requirement!

Yes, IVV-EUROPDE is determined to combat the loss of members. Many targeted measures and actions are intended to help with this, such as :

- Member surveys to help identify weaknesses and respond to members' needs
- Creating a positive community to encourage interaction between members.
- Using public relations channels to publicise activities.
- Enter into collaborations with other clubs or organisations to attract new members and increase diversity and attractiveness.
- A modern and appealing website and an active presence on social media should increase the online presence, be visible and help to attract potential members.









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What is offered under the term "IVV Volkssport" in Europe?

An enquiry of the IVV working group " IVV sports "

The term "popular sport" refers to sports or sporting activities that are practised by broad sections of the population and enjoy great popularity. Popular sports are usually easily accessible, inexpensive and require no special equipment or skills. These sports are often practised by people of different ages and fitness levels.

The term "Volkssport" often contains a social component and can indicate that the sport in question contributes to community and social interaction. Examples of popular sports include hiking, cycling, running, swimming, boules similar activities that can be practised by a broad population base

IVV promotes its programme of healthy physical and enjoyable social activities in popular sports internationally. Its activities are inclusive, integrative, stress-free, non-competitive, non-motorised and environmentally friendly.

But what exactly are the sports on offer other than walking, the IVV's main sport in Europe?

Please give us an insight into what you offer - tell us which sports you offer regularly, occasionally or just for a "taster", have already offered or are thinking of offering!

Tell us under which IVV criteria you offer these sports ...













Children and Youngsters

in IVV-Volkssport



What is offered under the term "IVV Volkssport" for children and youngs in Europe?

In order to get young people and children interested in hiking in clubs, there are various ways of making this activity more attractive and appealing. Which of these ideas are you perhaps already offering and which are planned?

- 1) Involving children and young people in the planning of routes? This would mean that the routes lead to interesting places such as viewpoints, waterfalls or historical sites. Attractive routes with exciting destinations can arouse the curiosity of children and young people.
- 2) Are playful elements integrated into the offer for children and young people, such as scavenger hunts, geocaching or other activities that increase the fun factor? This turns hiking into an entertaining and interactive experience.
- 3) Are there special hiking clubs or groups that focus on the interests and needs of children and young people? This can help to create a positive and age-appropriate environment.
- 4) Are parents given the opportunity to actively participate in the hike, perhaps even the planning? This not only encourages family involvement, but also allows for an exchange of experiences and knowledge.
- 5) Are there special events for children and youngs where they receive special rewards or mementos?



6) What reward systems are in place for children and young people, e.g. small badges, certificates or other recognition for certain milestones or efforts?

7) Are there mascots specifically designed for children on IVV walks?



IVV-Europe would like to collect ideas from our member national associations and clubs. A subsequent comparison and analysis should be communicated and help

Please HELP us - Share your views - !

















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Creation of additional national IVV logos

The wish to use a national IVV logo in addition to the association logo is very important to us as IVV-Europe. As discussed at the Congress of Delegates, we hereby provide each member association of IVV-Europe with the national IVV logo free of

It will be sent to each association separately as a PDF. If you would like a different format, please let us know,

It is important for us to use it on your homepage and to link it to the IVV-Europe homepage.

In this way we strengthen each other and invest in our own future!

Thank you very much for your valuable co-operation!





















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RECOMMENDATION to our members, clubs and hiking organisers

Everyone should be able to enjoy the beauty and benefits of IVV hiking, regardless of age or physical limitations.

By using pictograms to mark hiking trails for people with reduced mobility, we are creating a more inclusive environment. People with different physical abilities can thus experience nature and relax. The pictograms designed by IVV-EUROPE are intended to indicate a user-friendly route.

Our pictograms, which can complement invitations to hikes, hiking days, etc., are visual symbols that are easy to understand. They are not only functional, but also emphasise the uniqueness of the hiking trail itself and show attention to the hiker.

We hope that you will support our initiative and invite you to join in:

You can download our pictograms from the IVV-Europe homepage.



























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IVV-Europe is extremely pleased to announce that our partnership with CIMALP is entering the next round! After a successful first collaboration in 2023, the FELIX-CUP sponsorship has been extended.

This extension not only means that CIMALP will continue to offer high-quality outdoor products at IVV-Europe-reduced prices, but also that the FELIX-CUP will continue to be supported.

We would like to thank CIMALP for their continued cooperation and look forward to continuing our mutual success story.

To celebrate the partnership, CIMALP is even offering an increase in the discount, which now stands at and can be cumulated with the **code IVV15** on all orders, even in addition to the special offers already running. https://www.cimalp.fr

Winter is not over yet! Enjoy your favourite outdoor activities despite the cold temperatures by equipping yourself with innovative, durable and technical clothing and equipment that will keep you warm, comfortable and dry and provide you with unforgettable adventures. There is only one address for this:

www.cimalp.com

Cimalp has been manufacturing high-performance technical clothing for outdoor activities since 1964. As a brand that is only available online, it offers innovative products and exceptional quality at an attractive price-performance ratio. As an environmentally conscious brand, it produces outdoor sportswear with a focus on sustainable development. And as lovers of the mountains, they offer first-class customer service.

Shipping costs are free in Europe for orders over €65 or €75 depending on the country, and returns and exchanges are of course completely free.

















EUROPIADE NEWS



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Q Region PillerseeTal -





WAIDRING - ÖSTERREICH



























EUROPIADE NEWS



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https://www.kitzbueheler-alpen.com/de/pital/europiade.html

At the end of May 2024, PillerseeTal will host the 7th Europiade. Around 1,500 participants from over 20 nations will explore the hiking network in the region over three days and hike to their hearts' content. After all, hiking is still one of the favourite sports of our summer guests. As with the permanent hiking trails of the IVV, the same applies to the Europiade: anyone can take part! With a purchased starting card, you can take part in the advertised hikes - thanks to different distances - without any pressure to perform.

Good to know...

- Around 1,500 participants from over 20 nations
- Hikes for sporty as well as inexperienced hikers
- All three popular sports (hiking, cycling, swimming) are on offer!
- Free use of buses and trains in the region

Get in the mood for an unforgettable Europiade with the *opening hikes of the preliminary programme*. Two hikes of different lengths are available in Fieberbrunn, Hochfilzen and St. Jakob in Haus. All hikes in the preliminary programme are guided and cost € 8.00 per person per hike.

Monday, 27 May 2024

09:30 am: Hike (8 km) in Hochfilzen 09:30 am: Hike (17 km) in Hochfilzen

Tuesday, 28 May 2024

09:30 am: Hike (6 km) in Fieberbrunn 09:30 am: Hike (21 km) in Fieberbrunn

Wednesday, 29 May 2024

09:30 am: Hike (8 km) in St. Jakob in Haus 09:30 am: Hike (11 km) in St. Jakob in Haus

Numerous hikes of varying difficulty and length are available on the main days. No matter which tour you choose, whether the short presidential hike or the medium-difficulty high-altitude hike on the Steinplatte, the fantastic panoramic view of the mountains of the Kitzbühel Alps is included on all hikes

Thursday, 30 May 2024

9:00 - 12:00: Presidents' Walk (short)

09:00 - 12:00: Presidents Walk (medium)

09:00 - 12:00: Steinplatte high-altitude hike (long)

Friday, 31 May 2024

07:30 - 12:00: Hikes (short, medium, long)

09:00 - 12:00: Steinplatte high-altitude hike (medium)

09:00 - 14:00: Cycling (20 km)

09:00 - 12:00 and 17:00 - 19:00: Swimming (300 or 500 m)

Saturday, 01 June 2024

07:30 - 12:00: Hikes (short, medium, long)

06:00 - 07:30: Marathon (42 km)

09:00 - 12:00: Steinplatte high-altitude hike (medium)

09:00 - 13:00: Cycling (20 km)













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EUROPIADE NEWS



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Of course, the FRAMING PROGRAMME must not be neglected at such a large hiking event. At the opening ceremony on the village square in Waidring, all nations are duly welcomed and officially greeted. And if you still haven't had enough after the numerous hikes of the preliminary and main programme, you can explore the Glockenwelt Waidring or enjoy the entertainment evening.

Wednesday, 29 May 2024

Opening ceremony

Approx. 19:30: Entry of the nations

20:00: Opening ceremony on the village square Waidring

In case of bad weather, the opening ceremony will take place at the Hotel Rilano

Thursday, 30 May 2024

from 20:00: Entertainment evening

Friday, 31 May 2024

Guided tour through the Glockenwelt Waidring

Duration: approx. 1.5 hours. Admission: € 5,-/person

Saturday, 01 June 2024

Closing party

From 19:30 at the village square Waidring

Farewell to the participants with live music and catering.

In case of bad weather, the opening ceremony will take place at the Hotel Rilano.

PARKING FACILITIES

There are plenty of free parking spaces available at the valley stations of the cable cars.

Please note: Due to the construction of the new Streuböden gondola lift, there will only be limited parking spaces available at the Fieberbrunn cable cars in summer 2024 - we ask for your understanding.

Fieberbrunn: Fieberbrunn cable car car park (Lindau 17, 6391 Fieberbrunn) Hochfilzen: Car park of the Pillersee cable car (Liftweg 5, 6395 Hochfilzen)

St. Jakob in Haus: Pillersee cable car car park (Buchenstein 13, 6392 St. Jakob in Haus)

Waidring: Steinplatte cable car car park (Alpegg 10, 6384 Waidring)

Are you still looking for suitable accommodation? The staff at the PillerseeTal Tourist Office will be happy to help you find the right accommodation. Or use the quick accommodation search below conveniently and around the clock. If you are travelling with a motorhome, we have put together a list of campsites in the region for you here.

General information about the hikes

Responsible: Austrian Volkssportverband

Entry fee: € 3.00 without award, € 8.00 with medal

Marathon fee: € 8.00 with patch & certificate, € 4.00 without patch Weather: The event will take place in all weather conditions.

Insurance: The event is covered by the ÖVV liability insurance. Participants are responsible for their own accident

insurance.

Information office Fieberbrunn Village square 1, 6391 Fieberbrunn Telephone: 0043 5354 56304 E-mail: info@pillerseetal.at Web: https://www.pillerseetal.at













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Introduction of the IVV-EUROPIADE-PASS

The IVV-Europiade-Pass introduced retroactively by IVV-Europe for the upcoming 7th Europiade in Waidring is free of charge. One IVV evaluation stamp, kilometre or participation, per IVV-Europiade can be entered on the inside of the passport.



All previous IVV-Europiades can be entered retrospectively. IVV scorebooks or other proof of participation must be presented for this purpose.

After participation, the participant is entitled to a corresponding certificate.

The EUROPIADE-PASS will be available for the first time at the IVV-EUROPA stand at the Europiade in Waidring and later at all future Europiades. However, it can also be ordered from the IVV-EUROPA Secretariat for a postage and handling fee of € 5.

This also applies to the certificates that are offered on the occasion of the Europiade, which can be sent by post after the Europiade by sending in the passport and an additional postage and handling fee of €5.

From the 7th Europiade in Waidring a EUROPIADE-PIN will be offered for sale.

















Romain Buschmann, President of IVV-Europe, welcomed all hiking enthusiasts and carnival fans to the carnival season. In his speech, he created a magical link between the worlds of carnival and hiking. With particular enthusiasm, he announced the premiere of the "5 Nations Cup", which promises adventure, shared experiences and the exploration of trails in five different European countries over a period of three years. He not only emphasised the kilometres covered, but also the shared laughter, the amazement at nature and the joie de vivre that should be enjoyed.

Buschmann emphasised the challenges, but also the fulfilling moments that await the participants over the next three years, always safe in the knowledge that they will experience all of this in the IVV community, whose qualities as explorers are particularly highlighted in the narrative context of today's event.

are emphasised in the narrative context of today.

With thanks to the organisers and recognition

organisers and recognition for the work that has been

work that has been done and is still to be done, the keynote speech ended on a cheerful and foolish note.

THANK YOU Frank OVER and his TEAM for this great IVV walking festival in Alt-Hürth ... and for the carnival medal, which will have a place of honour at IVV-Europe!

There could not have been a more inspiring start to the 5 Nations Cup!







THANK YOU Frank OVER and his TEAM for this great IVV hiking festival in Alt-Hürth ... There could not have been a more inspiring start to the 5 Nations Cup!

A THANK YOU as well:

- to all walkers who have already mastered this first 5 Nations Cup day
- to all the dancers, to all the groups, of all ages, who performed and were able to inspire!











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Joint IVV-EUROPA projects - request for support

Supporting joint projects is crucial as they promote collaboration and lead to innovative solutions. They not only strengthen team spirit, but also make it possible to achieve goals that would be difficult to realise alone. In them lies the power to utilise synergies and optimally contribute the individual strengths of each member.

Promoting joint projects is essential to create a positive team dynamic and put success on a broader footing. It is the key to successfully mastering the challenges of modern leisure organisation and achieving sustainable results.

Support is essential to create an environment of solidarity where every member contributes to achieving the common goal. It creates a positive culture of innovation and paves the way for long-term success. It is not only an act of collaboration, but also an investment in the development and growth of the entire team. It makes



it possible to utilise resources efficiently and react more quickly to changes and challenges. In this way, a strong basis for IVV success can be created and top performance can be achieved together.

The projects currently supported by IVV-EUROPE are 2024:

- the EUROPIADE in Waidring, Austria
- the 5 NATIONS-CUP, which will be held in Germany, France. Belgium, Luxembourg and Austria
- the FELIX-CUP with 4 walks in 4 European IVV member countries
- the CHALLENGE CUP 2024, which encourages hikes to reach the year 2024 in kilometres
- MAD IN MAROC, hikes in the Moroccan desert

as well as: Walking the European Long Distance Trails 1-12. Rainbow-Walks

















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ERA will promote and celebrate the Verified E-paths of E3 in 2024. Did you know that multiple countries in Europe follow the E3 system? These countries

include <u>Spain</u>, <u>France</u>, <u>Luxembourg</u>, <u>Germany</u>, <u>Poland</u>, <u>Czech</u>
<u>Republic</u>, <u>Hungary</u>, <u>Romania</u>, and <u>Bulgaria</u>. Knowing this information can be helpful if you plan to travel to any of these countries or conduct business with them.

Join us on the E3 route for exciting events and scenic walks. Don't miss out on the opportunity to explore the beauty of this route while participating in fun-filled activities. Mark your calendars for upcoming events and join us for an unforgettable experience!e E3 route.

A unique Opportunity not to be missed







A 1st marathon on the E3 will take place on 28.9.2024, in the European Week of Sport, in Luxembourg - interest has been expressed in Spain, clubs are encouraged to participate by the federation in Germany - a project is being developed in France!

It is essential to work together on this Europe-wide project - Concerted co-operation is crucial for success - Please check the feasibility - Please let us know if you are interested.

Please inform us about the progress of the preparations

















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Resultats FELIX-CUP 2023

Of the 2023 FELIX-CUPS sold, 32% were redeemed over the course of the year.

The participants came from the following countries

Germany	
	13.9 %
	11 %
France	9.5 %
Czech Republic	5.1 %
Switzerland	4.4 %
Italy	2.2 %
Hungary	1.5 %
Norway	0.7 %
Netherlands	0.7 %



We would like to thank the national associations of Luxembourg, Belgium and Austria for offering the FELIX-CUP at their IVV events.

The FELIX-CUP is currently only offered on the homepage of the Luxembourg Hiking Federation. This is certainly one of the reasons for its sales success.

Let us remind you that the FELIX-CUP encourages walkers to walk 4 hikes in 4 European IVV member countries. The sale of a starting card therefore primarily benefits the neighbouring countries of the respective "starting" location.

Resultats CHALLENGE 2023

In 2023, teams, clubs and individuals successfully completed the Challenge Cup.



1) The TEAMS came from the following member states :

47.7 %
22.67 %
9.1 %
6.8 %
4.6 %
4.6 %
4.6 %

Individual participants came from the following countries

Luxembourg	57.8 %
Germany	11 %
Czech Republic	9.4 %
Austria	4.7 %
Belgium	3.1 %
Great Britain	3.1 %
USA	3.1 %

Norway, Finland, Italy, France 1.6 % each

All member associations are kindly requested to include the Cups in their programmes.

















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Visit our homepage and inform yourself about :

- The introduction of a new partner MAD IN MAROC
- IVV-EUROPE's contribution to work-life balance with hiking why you should join a hiking club in the new year.
- The patronage of the 5 Nations Cup
- the IVV's appeal to national associations to organise an IML-IVV hiking event

https://www.ivv-europa.eu



Closing Words - Do you have any Ideas?

how we can improve the Newsflash
 what other information we can disseminate via the Newsflash
 how we can make WANDERN i.e. the VOLKSSPORT in our community even more attractive
 how we can promote the ASSOCIATION

Contact us at info@IVV-Europa.eu or at Phone 00352 621 157 008 Romain Buschmann











